

Did You Know? Over 500 Medications May Give You

DRY MOUTH

Here are things you should know and what you can do.



If you take more than one medication you are even more likely to develop dry mouth¹.



It can make you thirsty at night, give you bad breath, cracked lips, sticky mouth and other embarrassing symptoms¹.



Dry mouth can cause cavities, weakened enamel and other dental health issues^{1,2}.



To help manage your symptoms, try drinking water or sugarless drinks throughout the day³. You can also use products specifically made for dry mouth, such as mouthwash, chewing gum and lozenges.

**Find dry mouth products in the oral care aisle.
To learn more, ask your pharmacist or scan here.**

SCAN FOR
MORE INFO



1. American Dental Association (2019, Jul). www.ada.org/en/member-center/oral-health-topics/xerostomia. 2. Sjogren K, Birkhed D, Rangmar S, Reinhold AC. (1996). Fluoride in the interdental area after two different post-brushing water rinsing procedures. *Caries Res.* 30:194-199. 3. U.S. Department of Health and Human Services, National Institutes of Health, National Institute of Dental and Craniofacial Research. (2017). Dry mouth (xerostomia). NIH Publication, 17-3174. <https://www.nidcr.nih.gov/sites/default/files/2017-11/dry-mouth.pdf>.